

# COMPREHENSIVE REHABILITATION *Stroke Program*



At **ClearSky Rehabilitation Hospital of Elwood-St. Joseph**, our staff maintains specialized education and competencies in stroke rehabilitation.

We utilize standardized assessments, innovative treatment techniques, and the latest equipment to support evidence-based treatment approaches that result in quicker recovery times and a likelihood for more discharges to home.

Our comprehensive rehabilitation stroke program includes review of 228 evidence-based recommendations from the American Stroke Association. Nursing, therapy, case management, pharmacy, and dietary personnel are specifically educated in stroke rehabilitation techniques and intervention to ensure that a treatment plan is created to fit the individual needs of each person.

The depth and knowledge of our stroke rehabilitation program allow us to provide patients with the highest standards of care, while maintaining the ability to adapt and advance the program by tracking our outcomes and adjusting the program as needed.

## **Individuals who have experienced a stroke and come to our hospital can expect:**

- Individualized care plans that consist of evidence-based intervention strategies, that may include:
  - Bedside swallow evaluation by a speech-language pathologist
  - Fiberoptic Endoscopic Evaluation of Swallow (FEES)
  - Free water program to maintain hydration and promote swallow recovery
  - Brain Break program for scheduled therapeutic rest periods
  - Timed voiding program to improve continence
  - Bioness Integrated Therapy System (BITS) for vision, motor, cognition, and balance training
  - Patient/family education and training to identify risk factors and learn secondary stroke prevention
- Physician-led interdisciplinary team that coordinates and oversees patient progress
- Patient-centered care, with active patient and family participation in the recovery process. Patient and family goals are prioritized through family conferences
- Family and caregiver training and education, with hands-on demonstration for comfort and confidence to prepare for discharge

We help patients reach their highest levels of function and independence so they can return home.

*Please Call*  
**913.348.4453**  
TO MAKE A REFERRAL

**ClearSkyHealth.com/ElwoodStJoseph**

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