## Stroke Rehabilitation PROGRAM



Please Call
469.933.2855
FOR MORE INFORMATION



At ClearSky Rehabilitation Hospital of Flower Mound, our staff maintains specialized competencies in stroke rehabilitation.

We utilize standardized tools and assessments to support evidence-based treatment approaches that result in quicker recovery times and more discharges home.

## Stroke patients referred to our hospital can expect:

- Individualized care plans that include evidencebased intervention strategies, including:
  - Yale Swallow Protocol for aspiration risks
  - Brain Break Protocol for scheduled therapeutic rest periods
  - PHQ9 to assess mental well-being/ depression
- Physician-led interdisciplinary team that coordinates and tracks patient progress
- Patient-centered care, with active patient and family participation in the recovery process.
   Patient and family goals are incorporated into individualized care plans
- Family and caregiver training and education, with return demonstration for comfort and ease upon discharge

We help patients reach their highest level of function so they can return home with as much independence as possible.