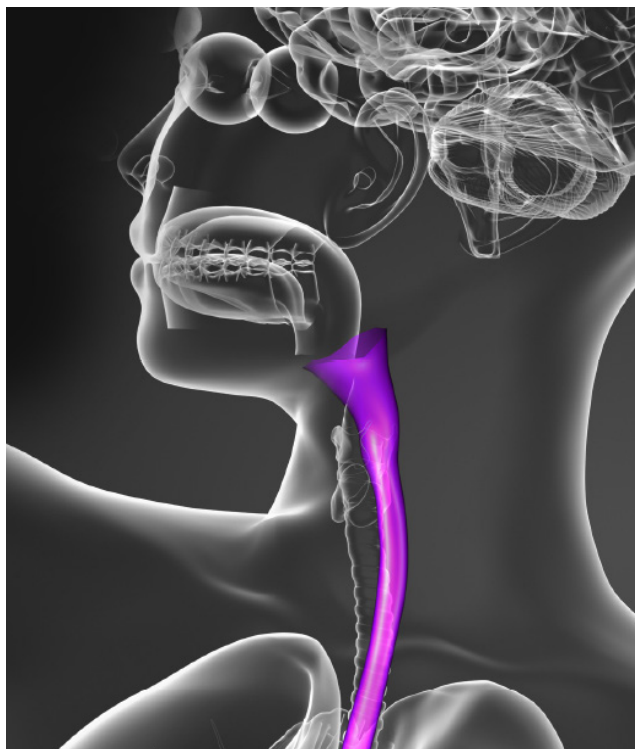


EFFECTIVE SWALLOWING PROTOCOL (ESP) FOR

Dysphagia Patients



At ClearSky Rehabilitation Hospital of Flower Mound, stroke patients with dysphagia are offered Ampcare's Effective Swallowing Protocol (ESP) to improve quality of muscle contractions and swallowing function.

ESP is a non-invasive treatment that combines neuromuscular electrical stimulation with resistive swallowing exercises and postural strategies. ESP encourages neuroplasticity as patients perform task-specific exercises or activities that are repetitive and resistive.

Speech therapists at ClearSky Flower Mound use ESP to:

- Improve strength of hyolaryngeal elevation
- Stimulate fast-twitch muscle fibers to elicit motor contraction
- Decrease risk for aspiration
- Improve strength of pharyngeal musculature
- Help with oral motor management, such as facial drooping, drooling, or oral pockets
- Treat post-extubation dysphagia (PED) due to disuse atrophy resulting from ventilator support and/or feeding tube support, including COVID-19 patients

Clinical trials have shown that patients with dysphagia due to diminished laryngeal elevation improve at a higher rate with ESP than those who receive traditional therapy. A 30-minute treatment time can provide 60-92 swallowing repetition attempts on average.

Please Call
469.933.2855
TO MAKE A REFERRAL


ClearSky

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