

# REFERRALS TO OUR SPECIALIZED *Stroke Rehabilitation* PROGRAM



At ClearSky Rehabilitation Hospital of Lancaster, our staff maintains specialized education and competencies in stroke rehabilitation.

We utilize innovative treatment techniques and the latest equipment to support evidence-based treatment approaches that result in quicker recovery times and a likelihood for more discharges home.

## Individuals who have experienced a stroke and come to our hospital can expect:

- Individualized care plans that consist of evidence-based intervention strategies that may include:
  - Bedside swallow evaluation by a speech language pathologist
  - Fiberoptic Endoscopic Evaluation of Swallow (FEES)
  - VitalStim Plus to re-educate muscles to activate the power to swallow
  - Free water program to maintain hydration and promote swallow recovery
  - Brain Break program for scheduled therapeutic rest periods
  - Timed voiding program to improve continence
  - Bioness Integrated Therapy System (BITS) for vision, motor, cognition, and balance training
  - Patient/family education and training to identify risk factors and learn secondary stroke prevention
- Physician-led interdisciplinary team that coordinates and oversees patient progress
- Family and caregiver training and education, with hands-on demonstration for comfort and confidence to prepare for discharge

**We help patients reach their highest levels of function and independence so they can return home.**

Please Call  
**740.303.4300**  
TO MAKE A REFERRAL

  
Rehabilitation Hospital  
of Lancaster

**ClearSkyHealth.com/Lancaster**

P 740.303.4300 | F 740.303.4313 | 1201 River Valley Blvd., Lancaster, OH 43130 | 