

# COMPREHENSIVE REHABILITATION *Stroke Program*



At **ClearSky Rehabilitation Hospital of Lecanto**, our staff maintains specialized competencies in stroke rehabilitation.

We utilize standardized tools and assessments to support evidence-based treatment approaches that result in quicker recovery times and more discharges home.

Our comprehensive rehabilitation stroke program includes review of 228 evidence-based recommendations from the American Stroke Association. Nursing and therapy personnel, who are specifically educated in stroke rehabilitation techniques and modalities, review every recommendation and apply the ones that fit the individual needs of a patient.

The depth and knowledge of our stroke rehabilitation program allows us to provide patients with the highest standards of care, while maintaining the ability to adapt and advance the program to new research and evidence as it occurs.

## **Individuals who have experienced a stroke and come to our hospital can expect:**

- Individualized care plans that consist of evidence-based intervention strategies, that may include:
  - Bedside swallow evaluation by a speech-language pathologist
  - Fiberoptic Endoscopic Evaluation of Swallow (FEES)
  - VitalStim Plus to re-educate muscles to activate the power to swallow
  - Free water program to maintain hydration and promote swallow recovery
  - Brain Break program for scheduled therapeutic rest periods
  - Timed voiding program to improve continence
  - Bioness Integrated Therapy System (BITS) for vision, motor, cognition, and balance training
  - Patient/family education and training to identify risk factors and learn secondary stroke prevention
- Physician-led interdisciplinary team that coordinates and oversees patient progress
- Patient-centered care, with active patient and family participation in the recovery process. Patient and family goals are prioritized through family conferences
- Family and caregiver training and education, with hands-on demonstration for comfort and confidence to prepare for discharge

We help patients reach their highest levels of function and independence so they can return home.

*Please Call*  
**352.835.0819**  
TO MAKE A REFERRAL

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