

# PARKINSON'S DISEASE AND *Rehabilitation*



At **ClearSky Rehabilitation Hospital of Rio Rancho**, we offer specialized rehabilitation to patients with Parkinson's disease so they can live with more confidence and independence.

Research has shown that a combined focus on medical management and intensive rehabilitation can dramatically improve function and quality of life in individuals living with Parkinson's disease.

**Our physician-led, multi-disciplinary team customizes care plans with patients and their families to best manage and control disease symptoms, including:**

- Muscle tone and tremor management
- Posture, balance, and walking
- Speed of movements
- Fatigue and endurance
- Swallowing issues
- Communication, voice, and speech impairments
- Impaired memory, problem-solving, and behavior
- Self-care skills, such as feeding and dressing
- Bowel and bladder training
- Depression management

Please Call  
**505.295.6358**  
TO MAKE A REFERRAL

  
**ClearSky**

Rehabilitation Hospital  
of Rio Rancho

[ClearSkyHealth.com/RioRancho](https://ClearSkyHealth.com/RioRancho)

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