

MULTIPLE SCLEROSIS AND *Rehabilitation*



Rehabilitation can help patients living with multiple sclerosis (MS) who may experience new impairments or increased severity of existing impairments.

At **ClearSky Rehabilitation Hospital of Rio Rancho**, our multi-disciplinary team helps patients better manage and control their symptoms. We work together with patients and their family members to improve the quality of their lives by helping them reach their highest levels of confidence and independence.

We address issues such as:

- Walking difficulty
- Muscle tone/spasticity
- Fatigue and endurance
- Use of adaptive equipment
- Cognitive decline
- Self-care skills
- Swallowing issues
- Bowel and bladder training
- Communication skills

Upon discharge, we help arrange further resources as needed such as follow-up physician appointments, outpatient therapy, or home health. We supply families with educational information on continued exercises, behavior modifications, home modifications, and assistive devices, if necessary.


ClearSky
Rehabilitation Hospital
of Rio Rancho

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