

# ALZHEIMER'S AND *Rehabilitation*



Rehabilitation for individuals with Alzheimer's differs depending upon the person's symptoms and severity of the disease.

At **ClearSky Rehabilitation Hospital of Rio Rancho**, our physician-led healthcare team works with Alzheimer's patients to help them maintain their abilities and independence for as long as possible.

**Individual treatment plans are created with patients and their families, offering as appropriate:**

- **Physical Therapy** to help improve muscle strength, balance, and mobility. Also aids in fall prevention.
- **Speech Therapy** to help with cognitive, communication, eating, and swallowing issues.
- **Occupational Therapy** to aid with daily living activities such as eating, bathing, and dressing.
- **Nutritional Support and Counseling** to aid with a healthy, sustainable diet approach.
- **Home Evaluations** to identify necessary modifications to the home to provide a safe environment.
- **Family/Caregiver Education** to teach family members and caregivers about the disease process and how to best help, including resources available.

*Please Call*  
**505.295.6358**  
TO MAKE A REFERRAL

  
Rehabilitation Hospital  
of Rio Rancho

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