

COMPREHENSIVE REHABILITATION

Stroke Program

At **ClearSky Rehabilitation Hospital of Rio Rancho**, our staff maintains specialized competencies in stroke rehabilitation.

We utilize standardized tools and assessments to support evidence-based treatment approaches that result in quicker recovery times and more discharges home.

Our comprehensive rehabilitation stroke program includes review of 228 evidence-based recommendations from the American Stroke Association. Nursing and therapy personnel, who are specifically educated in stroke rehabilitation techniques and modalities, review every recommendation and apply the ones that fit the individual needs of a patient.

The depth and knowledge of our stroke rehabilitation program allows us to provide patients with the highest standards of care, while maintaining the ability to adapt and advance the program to new research and evidence as it occurs.

Stroke patients referred to our hospital can expect:

- Individualized care plans that include evidence-based intervention strategies, including:
 - Yale Swallow Protocol for aspiration risks
 - Brain Break Protocol for scheduled therapeutic rest periods
 - PHQ9 to assess mental well-being/depression
 - Vital Stimulation to aid with safe swallowing and eating
- Physician-led interdisciplinary team that coordinates and tracks patient progress
- Patient-centered care, with active patient and family participation in the recovery process; patient and family goals are prioritized through private family conferences
- Family and caregiver training and education, with return demonstration for comfort and ease upon discharge

We help patients reach their highest level of function so they can return home with as much independence as possible.



Please Call
505.295.6358
TO MAKE A REFERRAL



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