

REFERRALS TO OUR SPECIALIZED *Stroke Rehabilitation* PROGRAM



At ClearSky Rehabilitation Hospital of Rio Rancho, our staff maintains specialized education and competencies in stroke rehabilitation.

We utilize innovative treatment techniques and the latest equipment to support evidence-based treatment approaches that result in quicker recovery times and a likelihood for more discharges home.

Individuals who have experienced a stroke and come to our hospital can expect:

- Individualized care plans that consist of evidence-based intervention strategies, that may include:
 - Bedside swallow evaluation by a speech language pathologist
 - Fiberoptic Endoscopic Evaluation of Swallow (FEES)
 - Free water program to maintain hydration and promote swallow recovery
 - Brain Break program for scheduled therapeutic rest periods
 - Timed voiding program to improve continence
 - Patient/family education and training to identify risk factors and learn secondary stroke prevention
- Physician-led interdisciplinary team that coordinates and oversees patient progress
- Family and caregiver training and education, with hands-on demonstration for comfort and confidence to prepare for discharge

We help patients reach their highest levels of function and independence so they can return home.



Rehabilitation Hospital
of Rio Rancho

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